



Allison Bates RCC-ACS

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My name is Allison Bates and I am a Registered Clinical Counsellor in private practice-West Coast Counselling Services with two locations Coquitlam and Maple Ridge. I have been in private practice for 18 years and have worked with individuals, couples and families during this time. I use CBT, narrative, solution-focused, attachment theory and Gottman therapy most often in my practice. My professional work experience has focused heavily on depression, anxiety and couples work. I have associates in my practice that I also support and have a wealth of knowledge around supporting new therapists as well as seasoned ones.

I have completed specialized training in clinical supervision and am open to supporting therapists whether it is for a specific case consultation or for ongoing support. I am also interested in supporting students and new therapists.

I would describe my style as being gently direct. I encourage feedback, communication and being real with what your needs are. I am here to support and guide you with your needs as a therapist.

I look forward to meeting with you to discuss your needs in supervision and how I can be a support to you wherever you are at in your counselling career.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

