



Carolynn Turner RCC-ACS

Phone Number:

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Business City:

Langley

Website:

www.lavendercounselling.com

I have a unique history that has intersected multiple disciplines: education, business and mental health. I supervise from a relational lens and facilitate those I work with in starting to understand what is going on for them and moving through the struggle starting from your own internal frame of reference. I am a deeply person-centred, trauma therapist. I integrate Focusing-Oriented Therapy, Emotion Focused Therapy, and somatic approaches in my work. I have studied counsellor ethics extensively. I have worked in both the school system and in private practice, so could support both institutional and private practice work. I work with a broad range of client issues including PTSD, trauma, anxiety, depression, traumatic grief, postpartum transitions, self-harm, suicidal ideation, self-esteem, emotion regulation, life transitions and the effects of developmental and relational trauma in teens and adults.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Supervision of Supervision
- Group Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

