



# Dawn Sather RCC-ACS

Phone Number:

250-880-6230

Business City:

Victoria

Website:

[sathercounselling.com](http://sathercounselling.com)

I have over 20 years of clinical experience working with Adults and in Children's Mental Health. I have held clinical lead positions and other supervisory positions over the years.

I am a Registered Clinical Counsellor and a Registered Social Worker, with a Master's Degree in Social Work from the University of Northern British Columbia and a Post Graduate Certificate in Infant-Parent Mental Health from the University of Massachusetts Boston.

My practice is informed by theories of attachment, early development, somatic body-mind, and interpersonal neurobiology. I have extensive training in the Adult Attachment Interview, Child-Parent Psychotherapy, Video-Intervention, and Somatic Attachment Psychotherapy.

My clinical supervision areas are focused in the area of attachment, disrupted attachment, childhood trauma, child-parent relationship and somatic attachment psychotherapy.

My supervision style is reflective, relational and developmental. I view supervision as a 'parallel process', whereby the supervisor holds the supervisee, as the supervisee holds the client. The process can provide material for change, transformation and growth.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

## Type of Services

- Online/Remote
- In-Person

