



Dean Nicholson RCC-ACS

Phone Number:

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Business City:

Cranbrook, Kimberley,

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Website:

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Hello, I am a Registered Clinical Counsellor and have over 35 years of clinical experience as a therapist and over 20 years of experience as a clinical supervisor. Areas I have expertise in include psychodynamic therapies, trauma, depression and anxiety, life transitions and addictions. My counselling and supervision work is offered through a lens of Buddhist Psychology and mindfulness. The supervision model used is based on the 7 Eyed Model of Hawkins and Shohet (2012). This model ensures that we bring mindful awareness to the supervision process to consider the shifting relationship dynamics between client, counsellor, and supervisor. As your supervisor, it allows me to hold space for different perspectives focused on the overall well-being of the client and you as the clinician. It is a comprehensive model that is both relational and process driven, which allows me to use immediacy to take advantage of teachable moments when they occur in the supervision session. If you would like to discuss how I may be able to support you, please contact me.

Area of Supervision:

- Clinical Consultation
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

