



Lisa Shatzky RCC-ACS

Phone Number:

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Business City:

Vancouver, Bowen

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I have had the immense privilege of working as a psychotherapist with people from all walks of life for almost 30 years and I specialize in adult and childhood trauma, complex trauma, PTSD, loss, grief, anxiety, addictions, life transitions, relationships, adolescents, loneliness, and crises of meaning. My approach to working with people is a gentle combination of attachment and strength based mindfulness, trauma informed CBT, Jungian process work, and humanistic and existential psychology. I offer clinical supervision and consultation on any of the above areas as well as topics of particular importance to therapists, such as transference - countertransference, blind spots, emotional stuckness, burnout, therapist self care and wellness and longevity. It is my great pleasure to work with you.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

