



Michael Towers RCC-ACS

Phone Number:

250-215-4155

Business City:

Kelowna

Website:

www.michaeltowers.ca

For those seeking supervision I can help you with the following goals:

- i. to increase your competency in skills surrounding chosen modalities and approaches to therapy.
- ii. to explore pre-existent skills/talents (prior to their formal education) and help weave those skills/talents into the counselling process
- iii. to receive coaching as you navigate your association's ethical code in regards to the care of your client
- iv. to balance the skill of the counsellor with the person of the counsellor awareness
- v. to further develop the practical skills related to administrative management of the client (assessment, treatment planning, documentation, etc)
- vi. to increase your skill and practice of egalitarian and power deconstructive ways of sitting with the client
- vii. to increase your competency and skills of ethical care in doing trauma work with clients

And I will provide you with a narrative letter following every supervision session.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

