



Bridgid McGowan RCC-ACS

Phone Number:

778-988-5409

Business City:

Vancouver

Website:

www.bridgidmcgowan.com

Bridgid McGowan has worked as a counsellor for over 20 years, and as a consultant and clinical supervisor for the past 10 years. She has worked extensively with survivors of sexualized and intimate partner violence and historical child abuse and has been in independent practice for the past ten years. As a therapist, Bridgid works primarily online with adults focusing on attachment, trauma, grief & loss, chronic illness, and spirituality. She has long-term experience working with clients who have been marginalized, including those who are Black, Indigenous, People of Colour, Queer, Trans, disabled and those living with chronic illness. Her work is rooted in anti-oppression, intersectionality (a term coined by Kimberlé Crenshaw), feminism, and justice doing.

Bridgid provides general individual and group consultation and clinical supervision as well as Sensorimotor Psychotherapy consultation and offers a sliding scale for Black, Indigenous, People of Colour and disabled folks who have financial barriers.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

