



# Dr. Kirk Austin RCC-ACS

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I have been a Registered Clinical Counsellor in the province of British Columbia since 1991. During my career I have worked for the Canadian Mental Health Association, as a family therapist, Clinical Director, Training Director, and adjunct faculty at Kwantlen Polytechnic University and Trinity Western University teaching both undergraduate psychology and graduate counselling courses.

I have a BA in psychology, MA in counselling psychology, Doctoral degree focusing on positive psychology and a diploma in adult instruction. Throughout my education and career I have tried to integrate theoretical and practical elements into my working theoretical framework and practice. I believe that clinical supervision is the collaborative process whereby a clinician gains the skills and competencies to become a more qualified psychotherapist, while protecting the client at the same time. Clinical supervision then is a process-based learning that requires reflective practice and exploration of cognitive processes toward positive behavioral change.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

## Type of Services

- Online/Remote
- In-Person

