



# Man Kit Francis Lau RCC-ACS

Phone Number:

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Business City:

Vancouver, Toronto,  
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I am a registered psychotherapist with CRPO, Canadian Certified Counsellor with CCPA, Registered Clinical Counsellor and Approved Clinical Supervisor with BCACC. I got the Master's in Pastoral Studies (spiritual care) at the University of Toronto and a B.A., M.A. and M.Ed. from the University of Hong Kong. I have an experience in counselling practice for over twenty years. I am a humanistic therapist and counsellor, applying different theories - including a person-centred approach, emotion-focused therapy, narrative practice, somatic experience and mindfulness meditation - to help people.

I can provide clinical supervision in English, Cantonese and Mandarin. Supervision areas include growth support, midlife crisis, immigrants and refugees' stress, couple and family counselling, narrative practice, emotion-focused approach, mindfulness-based intervention and spirituality-integrated therapy.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote

