



Abby Chow RCC-ACS

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Business City:

Vancouver, Burnaby,

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Website:

www.venturouscounselling.com

I'm a cis, queer-with-straight-partner-privilege, (currently) able-bodied, working-turned-middle class, half-gen, racialized settler from Hong Kong. For over a decade, I've had the privilege of working with folx impacted by the criminal punishment system, addictions, and complex systemic and relational trauma. I supervise and work from a justice-oriented, anti-oppression lens that is commonly operationalized through an existential and narrative framework combined with modalities like EMDR, somatic work and art therapy.

In addition to my clinical work and supervision at Venturous Counselling and Consulting, I teach and supervise counsellors-in-training at Adler University and Vancouver Community College, supervise frontline support workers at various community agencies, and provide counselling services at an addictions outpatient program. I also founded and run Reflecting on Justice, a mutual aid/wealth redistribution-based membership platform for therapists to unlearn systemic oppression within ourselves and our profession, through community with other therapists.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

