



# Dr. Sarah Hickinbottom -Brawn RCC-ACS

Phone Number:

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Business City:

North Vancouver,  
Vancouver, Burnaby

Website:

[www.sarahhickinbottomcounselling.com](http://www.sarahhickinbottomcounselling.com)

I have been a counsellor since 2007 and have 25+ years of experience as an instructor in undergraduate and graduate counselling/education programs at Kwantlen Polytechnic University, Simon Fraser University, the University of British Columbia, and CityUniversity. I teach and have a private practice, assisting adults navigating major transitions (e.g., grief; relationship breakup; job loss/career change; major illness/injury/chronic pain, burnout), complex trauma, depression and anxiety.

My work is grounded in humanistic/existential, relational/attachment/trauma-informed, strength-based and narrative, feminist, constructivist and critical theories.

I view consultation as a respectful, collaborative dialogue between two equals for the purpose of protecting and supporting clients while assisting with the development of greater knowledge, new perspectives, professional competence, self-awareness, and self-care practices.

Please feel free to contact me if you would like to discuss further whether we are a fit for your needs at this time.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote

