



Carla Haber RCC-ACS

Phone Number:

604-649-1548

Business City:

Vancouver

Website:

[www.envisioncounselling
.ca](http://www.envisioncounselling.ca)

I have been in practice for 15 years and have supervised RCCs (group and individual) for over 8 years. I have worked with clients of all ages (except children) in the areas of trauma, mood disorders, grief, life transition issues, and relationship. My approach to supervision is relationally collaborative, reflective, and strength based, providing an environment that fosters safety, respect, encouraging new learning. I foster inclusivity and acceptance of all religious/spiritual beliefs and cultural systems, sexual orientations and preferred lifestyles. I wish to provide you with the support you need to grow into your best self as a counsellor.

My philosophies of both supervision and counselling are process-experiential and relational. My work is attachment and emotionally focused. I am trained in AEDP (currently preparing to pursue certification) and EFT (couples and individuals). Half of my clinical practice is dedicated to those with trauma survivors and I am trained in EMDR. As a generalist, I am trained in a variety of counselling modalities (IFS, ACT, DBT, CBT, Gottman) in order to have the skills required to serve such a diverse range of clientele.

As in counselling, fit is very important. Have a look at my website and see if we are aligned. I look forward to connecting.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Telephone
- Online/Remote
- In-Person

