



# Christina Savage RCC-ACS

Phone Number:

604-329-9546

Business City:

Vancouver

My clinical supervision approach is collaborative, empowering, and strength-based. I aim to encourage counsellors to develop their unique style and path in the counseling field while adhering to ethical standards and effectively managing ethical and clinical dilemmas. Being a first-generation Portuguese-Canadian, I personally understand the challenges of adapting to different cultural norms. Therefore, my diverse style draws from feminist, cultural, and family systems perspectives. I have received training in Gottman Level 1, Narrative Therapy, AEDP, EMDR, trauma, Expressive Therapy, and Sand Tray Therapy.

My counseling experience encompasses a wide range of settings, including non-profit organizations and private practice. I have worked with children, adolescents, families, individuals, and couples. My expertise includes trauma, depression, anxiety, disordered eating, loss and grief, as well as serving the LGBTQ+ community. Apart from clinical supervision and counselling, I have also held the position of department head in a counselling therapy program, served as an instructor, and developed curriculum.

## Area of Supervision:

- Clinical Supervision
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote

