



Talia  
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RCC-ACS  
(Provisional)

Phone Number:

604-616-1358

Business City:

Richmond

Over the past three decades, I've been in the roles of educator, mentor, counsellor, consultant, and supervisor. I've worked with adults, youth, and children of various backgrounds including indigenous and immigrants, in my private practice and as a school counsellor. I support and guide my clients to address needs such as grief, illnesses, burnout, trauma, life transitions, relationships, addiction, anxiety, and depression, as well as reach personal and professional goals.

I work from an eclectic counselling approach, grounded in existential, relational, trauma-informed, strength-based theories, as well as plant-based assisted therapy.

I regard supervision and consultation as a safe place to explore, develop, and integrate personal and professional aspects of self in supporting clients. I believe that clinicians' personal growth - developing awareness, perspectives, and competencies - is fundamental to personal care and ethical clinical processes.

I'd love to learn more about your aspirations and explore the possibility of working together.

#### Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

#### Type of Services

- Telephone
- Online/Remote
- In-Person

