



Niloufar Esmaeilpour RCC-ACS

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Hi, my name is Nilou. I am a Registered Clinical Counsellor and Approved Clinical Supervisor (Provisional) with the British Columbia Association of Clinical Counsellors (R.C.C.). I hold a graduate degree in Psychology with a specialization in Marriage and Family Therapy. I am also a fully certified EMDR therapist with the EMDR International Association.

In my practice, I embrace an emotion-focused and attachment-based perspective, drawing upon a range of experiential modalities to enhance the transformative process. These modalities include Somatic Experiencing (SE), Eye Movement Desensitization and Reprocessing (EMDR), Internal Family Systems (IFS), Accelerated Experiential Dynamic Psychotherapy (AEDP) and Coherence Therapy. By integrating these approaches, I empower therapists to delve deep into the complexities of their work, fostering growth, healing, and breakthrough moments.

Creating a safe and supportive space is at the core of my supervisory approach. I believe in cultivating a collaborative relationship that allows therapists to uncover their unique strengths, nurture their professional skills, and develop a strong sense of self as a clinician. By guiding clinicians through their own growth and self-discovery, I believe that we create a ripple effect that positively influences the healing journeys of those we serve.

If you are looking for a supervisor, I invite you to schedule a 15-minute consultation with me. This will give us an opportunity to determine if we are a compatible match for working together.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

