



Reg Fleming RCC-ACS

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solutionstherapy.ca

I have been in clinical practice for over 30 years and have provided supervision and counsellor training in the public sector for most of that time. I have been in private practice for the last 8 years.

My interest in supervising is primarily to mentor and support clinicians in their learning and growth in our rewarding and challenging profession. The vast majority of my experience is with individual, couples, and family work.

I believe that the key to supervision and consultation is a collaboration, developing our working alliance with a focus on your goals and development. How we show up in the work, with our Self is critical in how we practice. Being aware of how we interact, relate and respond to our clients is our work to know and understand. Identifying your areas for deliberate practice is part of my approach. We all have something to improve upon.

I am familiar with a variety of models that support the notion that personal and interpersonal issues are relational and reciprocal, often beginning in our family of origin. Additionally, I am a life long learner and am interested in the continued practices that are well researched and and give us ways to think and approach our work in a more helpful manner. What works in talk therapy is my continued area of interest.

Feel welcome to contact me for an initial consultation.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

