



Lida Bahrami RCC-ACS

Phone Number:

604-562-2728

Business City:

North Vancouver,
Vancouver

Website:

https://clearmindcounseling.ca/About_us.html

As a Clinical Supervisor and Team Lead at Vancouver Coastal Health, Hope Centre, I oversee multidisciplinary teams consisting of Psychiatrists, Mental Health Therapists/Clinicians, Nurses, Occupational Therapists, Social Workers, Mental Health and Support Workers. With proficiency in both Farsi and English and a deep understanding of different cultures, socioeconomic backgrounds, and religious beliefs, I prioritize creating a supportive and respectful environment for clients.

In my role as a Clinical Supervisor, I aim to establish an encouraging and safe space for supervisees to openly discuss their challenges. I facilitate learning by challenging supervisees to develop new skills, acquire knowledge, and engage in self-reflection through various methods

Supervision goals encompass ensuring quality and case management (normative), providing emotional and coping support (restorative), and promoting therapeutic competence (formative). I approach clinical supervision from a person-centered, integrative, and strength-based perspective, guided by curiosity. I emphasize a collaborative and growth-oriented approach to clinical supervision.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

