

## Dr. Michelle Mann RCC-ACS

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I am a mentor/clinical supervisor, a counsellor (RCC) and an educator. I have been working in the field for over 30 years. My background includes supervision work with school districts, health authorities, and graduate programs: mostly, Health Sciences, School Counselling, Counselling Psychology and Art Therapy. My Ph.D. is in Psychology and Health sciences and my M.A. is in School Counselling & Counselling Psychology.

My focus is the supervisory needs of the practitioners, supporting them with a strength-based approach in their personal and professional development, and encouraging them to practice in a healthy and ethical manner for both them and their clients.

My favorite models in supervision are Relational, Somatic, Existential, Expressive, Spiritual and Narrative. However, the supervisory work is done with an 'eclectic toolbox' incorporating multiple approaches and modalities based on various needs, goals, and context. Social justice, cultural humility, and diversity considerations are key in this work.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Online/Remote
- In-Person

