



Richard Dubras RCC-ACS

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Business City:

Delta, Surrey

Hello, I have been practicing my clinical practice since 2002, getting my start at a residential treatment centre called Pacifica Treatment Centre in Vancouver, BC from 2002 until 2007. From there I moved to Richmond Addiction Services Society (RASS) to manage, supervise and offer direct client services within the Youth and Family Program until 2010 when I became the Executive Director. From 2010 until 2020, I operated the not for profit, managed all staff and supervised the Clinical team of Clinical Counsellors. In 2020, I left RASS to join Foundry Central Office within Providence Health Care, to support implementation and integration of services within the Fraser Health Region. Over the course of my career, I have always been operating a small private practice and as of 2023, I have been offering clinical counselling within two clinics within the Fraser Health Region building to full time into 2024. I am emotionally focused and utilize, somatic and process observation in order to support Feedback Informed Treatment where I place the client at the centre of the work.

My work has certainly specialized in mental health and substance use through out my career and have worked with as clients ranging from children to older adults. I work with couples and families to ensure that we can support the family system.

Supervision has supported my development as a counsellor and it has been my privilege to support many students and skilled clinicians and I think it is amazing that BCACC is now recognizing the specialization and importance of accredited supervisors within our association.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

