

## Sarah Blackmore RCC-ACS

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I have been practicing as a Registered Clinical
Counsellor for over 8 years working in various settings
including education, non-profit, and private practice.
My supervision and consultation approaches
incorporate Laura Brown's supervisory feminist
therapy principles including attending to power,
boundaries, and hierarchy in supervision. In addition,
I have a strong foundation in Acceptance and
Commitment Therapy (ACT), queer theory,
mindfulness and self-compassion.

My supervision/consultation approach is to balance providing practical and process support from a relational framework. I completed Clinical Supervision training led by Jane White where I learned to apply the Seven-Eyed Model of Supervision. I know that many people have encountered problematic experiences with supervision and consultation and I strive to tend to these past experiences while providing healing new experiences.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

## Type of Services

- Online/Remote
- In-Person

