



Shirley
Giroux
Ph.D.
RCC-ACS

Phone Number:

250-302-1207

Business City:

Valemount, Rural BC

Website:

<http://compassionorth.ca/>

Staying well and meaningfully engaged with one's work is an effort of collective care, not self-care. Drawing from my PhD research and work, I have been creating and supporting group and peer models of consultation and supervision since 2019, which can be a particularly effective antidote to some of the isolation of human service work of all kinds.

I am an experienced teacher (20+ years) and counsellor (12+ years) with a particular expertise in existential and attachment-focused approaches to working with humans who support the learning and growth of other humans. I am a compassionate systems leadership master practitioner and integrate a triple focus on self, synergies (relationships), and systems into the work I do as a psychotherapist and a supervisor. I use the seven-eyed model of supervision to support this approach to guiding the work that I do in partnership with supervisees.

Having lived and worked in rural and remote places for most of my life, I am well acquainted with the realities of human service work in small, far-flung places and am particularly well-suited to support others working in similar situations or who are otherwise experiencing isolation (including of an existential sort) regardless of their specific locale.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

