

## Suzanne Williams RCC-ACS

Phone Number:

604-833-7760

**Business City:** 

Vancouver

Website:

www.claritytherapy.ca

My therapuetic approach is client-centered. I also draw from Cognitive Behavioural Therapy and Solution-Focused with a trauma-informed lens. I have completed EMDR level 1, EFT level 1, Gottman couples level 2, extensive training from the Beck Institute in Philadelphia, USA through Dr. Judith Beck - certificates in Anxiety, Depression & Suicidiality. Over the years I have been drawn to help couples and families. Part of my practice focuses on parenting, I am a certified connect parent group leader and trained in Parent-Child Interaction Therapy. I have taken many divorce workshops, parenting cordination & family law workshops and am a certified divorce coach and a member of the International Association of Collaborative professionals (IACP)

Counselling is my second career, previously I was a business owner and obtained my Masters of Business Administration (MBA) with a specialization in leadership. I am excited to work with people who want to make the transition to private practice or to understand more of the business side of counselling as well.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

