

## Swetha Ranasuriya RCC-ACS

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I have a diverse practice with clients of all ages with main areas of focus being anxiety, trauma, grief and loss, crosscultural practices, and family systems. I incorporate my training in the arts, education, art therapy, and conflict management in my work with clients and supervisees.

My counselling approach is client-centred and feminist. I take mostly a non-directive approach where the client is held with positive regard and trust that the client will be able to create positive transformation. I strive to hold supervisees in the same way and trust they will be able to create the required transformations in their professional and personal practice.

The feminist approach centers marginalized and oppressed lived experiences, bringing power dynamics to the surface. It resonates with my lived experience as a woman of color, first-generation immigrant, and the intersectionality of my identity.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person