



Eliane Hamel RCC-ACS

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I help therapists achieve clinical excellence through mentoring, teaching, writing, clinical supervision and coaching. I have been helping therapists and other helping professionals develop both skills and an understanding of theory including the intersection of various modalities since 2011. For those interested in the development of the self of the therapist I provide a coach-approach and powerful questioning that moving beyond blind spots to achieve a process in therapy and a powerful presence that does not rely on being the expert. I am trained in many modalities including CBT, DBT. Motivational Interviewing, Expressive arts, Somatic Experiencing and Family Systems. As a Certified Leadership Coach I offer the above services to individuals working with all age groups as well as a coach-approach to clinical excellence to all levels of organizations.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

