



Jackie Ellis RCC-ACS

Phone Number:

604-828-0848

Business City:

Vancouver, Lower
Mainland

With almost 20 years of experience as a Registered Clinical Counsellor, I bring a wealth of knowledge and expertise to my practice and supervision. My clinical supervision training from the University of Ottawa is grounded in Interpersonal Process Supervision and Developmental Models approach.

As a supervisor, I aim to create a collaborative relationship characterized by empathic attunement, authentic curiosity, and thoughtful use of challenge, while honoring the courage it takes to engage in vulnerable self-reflection and embrace new ways of being with clients. With advanced training across multiple evidence-based therapies, I can support individualized treatment plans that meet the unique needs of a client and therapist.

As a Certified Adlerian Counsellor, former Clinical Director, and working in education, I've practiced my skills in trauma-informed care, Satir Family Therapy, and integrating modalities like CBT, Solution-Focused, and EMDR.

I specialize in working with adolescents, adults, and couples, addressing issues including stress, depression, anxiety, self-esteem, boundaries, communication, relationships, sexuality, trauma, addictions, and anger management.

I look forward to supporting your development as a counsellor.

Sincerely,
Jackie Ellis (#2984)

Area of Supervision:

- Clinical Consultation
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

