



Linfeng Zhang RCC-ACS

Phone Number:

236-989-6228

Business City:

Vancouver, Richmond,

Surrey

I have a Master's Degree in Clinical Mental Health Counseling from Syracuse University, United States (2015), and a Master of Public Health from the University of British Columbia (2022). With systematic training in CBT, DBT, and ACT, I structure my clinical work based on evidence-based theoretical approaches and clinical experience. Much of my clinical work has focused on youth and young adults.

I have had the privilege of working in different countries, settings, and cultures. This experience has provided me with a deeper understanding of multiculturalism in counselling and has equipped me with the ability to navigate challenging environments as a counsellor.

My understanding of supervision revolves around exploring and developing oneself as a counsellor, focusing on cognitive, mental, and spiritual strengths, and assisting in becoming the best version of oneself as a counsellor.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Telephone
- Online/Remote
- In-Person

