



Shauna Paynter RCC-ACS

Business City:

Kelowna

Website:

safeandsoundtherapeuti
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Shauna manages a busy clinic and is currently pursuing a Ph.D. in Transpersonal Psychology. She is a licensed teacher which allows her to incorporate educational strategies into supervision. She focuses on humanistic-oriented clinical supervision, empowering her interns and colleagues to grow and embody their highest potential.

Shauna's dedication to her role as a supervisor is unwavering. She sees supervision as a means to alleviate fear in the therapeutic process, with a strong emphasis on equality, wellness and clarity. Her goal is to carry on Dr. Natalie Rogers's legacy as a humanistic supervisor, empowering her interns and colleagues to realize their full potential as compassionate therapists and human beings.

As a mother of two teenage boys on the autism spectrum, Shauna's personal experiences bring a unique depth of understanding to her interactions with others. She firmly believes in the transformative power of proper modelling and encourages the practice of staying present in the moment.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Telephone
- Online/Remote
- In-Person

