



Volney Pui Ying Hui RCC-ACS

Phone Number:

604-765-3436

Business City:

Vancouver, Burnaby,

Coquitlam

My therapeutic approaches are informed by systemic, developmental, psychodynamic-attachment and person-centered theories.

I primarily use the psychodynamic-attachment framework and trauma-informed approach. My preferred modalities include Emotionally Focused Therapy (for individuals and families), Cognitive Behavioral Therapy, DBT-informed Therapy and Motivational Interviewing.

I am trained in Mindfulness-Based Stress Reduction (MBSR) and Complex Trauma, and I include mind-body reconnection in my practice.

I have 15 years of experience working with moderately to severely mentally ill children and youth in different communities. I have diverse cross-cultural counselling experiences.

In my supervision approaches, I believe all humanity is in a fallen state, everyone is living under some limitations, restraints and/ or sufferings. A counsellor's job is to support clients in identifying their resources, managing their restraints, and fostering clients to live a life worth living. Moreover, a counsellor's personal work, self-of-the-therapist work, is important in providing their clients with a safe and containing space to work on difficult life challenges. Therefore, I believe one of the main tasks for a clinical supervisor is to cultivate a person-of-the-therapist work in supervision.

I adopt reflective and ethical practices, and effective supervisory relationships with my supervisees to support the growth and development of my supervisees.

email: seniorsmission@gmail.com

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

