



Amanda Burns RCC-ACS

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Hello! I am a therapist who incorporates neuroscience and attachment theory into my practice, using a humanistic approach. As a Registered Clinical Counsellor (RCC), I have over 30 years of experience in the mental health field. My background as a Registered Nurse and Registered Psychiatric Nurse in acute psychiatric settings enhances my knowledge and expertise in supporting clients. Throughout my career, I have worked closely with psychologists and psychiatrists to deliver high-quality care.

My fervor for professional advancement drives me to support therapists in their learning and progression. I have assumed the role of a clinical supervisor for nursing students, master's counseling clients, and experienced RCCs. Contributing to the development of coursework on ethics in mental health underscores my commitment to upholding ethical standards. This passion ensures therapists make meaningful contributions to the mental health field and facilitates client wellness journeys. My goal is to ensure ongoing support for everyone!

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

