



Anna Lee Granuzzo Silverman RCC-ACS

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Hello and nice to meet you. I'm a counsellor with ten years in the field, and nine years as a consultant and supervisor. I am enthusiastic about reciprocal relationships of learning and adore supporting other therapists.

My education is Feminist-informed and holistic. Janet White is one of my teachers. I draw on the Seven-Eyed model of supervision and consultation, which appreciates the layers of our experiences doing therapy. I strive to create a space where you can share anything whatsoever freely, so that I may be useful for any type of challenge that you're dealing with.

As a counsellor I work with adults 17+, many of whom are dealing with trauma and developmental issues, and do my best work with practitioners who are providing similar support. If your idea of healing includes the body and parts of self, we may be a good fit. Please feel free to reach out if you have any questions about working with me.

Area of Supervision:

- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

