



Katherine Gulley RCC-ACS

Phone Number:

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Business City:

Kamloops BC

Website:

www.thriveclinical.ca

Katherine holds a BA in Psychology and an M.Ed. in Counselling Psychology - both from the University of Victoria. She worked as a Child and Youth Mental Health (CYMH) clinician for three years and a CYMH clinical supervisor for eight. She is a certified coder of the Adult Attachment Interview and trainer in Modified Interaction Guidance. She has provided supervision on complex mental health cases and delivered countless workshops to professionals.

In 2015, Katherine transitioned to private practice where she sees clients of all ages. She is trained in Mentalization-Based Treatment, EMDR, attachment, CBT, TF-CBT, play and expressive therapies, neurodiversity and clinical supervision.

Katherine is a neurodiversity-affirmative therapist. She is a Certified Autism Spectrum Disorder Clinical Specialist and has trained counsellors across BC to work with neurodiverse clients. She is currently developing an on-line training platform that will allow private practice counsellors access to this and other comprehensive clinical trainings.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

