



Joan Ellen Connell RCC-ACS

Phone Number:

250-812-1568

Business City:

Victoria, Saanich,

Central Saanich (virtual)

Website:

ellenconnell.ca

I have been a Registered Clinical Counsellor (137) in BC since 1989. I specialize in working with individuals and families who have experienced trauma (physical, sexual, relational, psychological). In supporting people in processing and healing from trauma I work with the mind (talk therapy) brain (neurotherapy) and body (trauma informed yoga.) I am a yoga teacher with over 1100 hours training including training with the Center for Trauma and Embodiment in Brookline Mass. I am a senior fellow of the Biofeedback Certification Institute of America and a Canadian Certified Rehabilitation Counsellor. I am a committed life long learner and love supporting student counsellors, newer counsellors and seasoned counsellors looking to build skills in working with trauma survivors. I believe that the supervisory relationship, like the counselling relationship, is central to the effectiveness of the supervision/consultation experience. I work in a collaborative and trauma informed fashion. I feel privileged to walk with colleagues committed to bringing their best to their clinical work. I have done extensive individual, couple, family and group counselling and am confident in my competence to work with individuals in all of these areas. Feel free to give me a call for a complementary 30 minute consultation on how we might work together.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

