

# STOP. CHECK. PROCEED.

Prioritise workplace **mental health**

## Need help?

Speak with a Registered Clinical Counsellor (RCC). Use the BCACC Find a Counsellor tool to choose from 7,900+ certified RCCs across BC.

Take the first step today!

[bcacc.ca](https://bcacc.ca)



BC ASSOCIATION

of **CLINICAL  
COUNSELLORS**



*#WorldMentalHealthDay*