



Amber Lowdermilk RCC-ACS

Phone Number:

778-874-2187

Business City:

Remote

Website:

ambercounselling.ca

I specialize in working with counsellors who are new to the field, especially those that are working with children and youth as their primary client. With 10 years as a child and youth focused clinician I am thoroughly familiar with the ethical and legal considerations necessary to understand working with this population. I also provide supervision to counsellors whose primary clients are adults. With warmth and compassion, my goal is help you build confidence in your skills while nurturing your own unique approach.

The platform of my approach is based on an Adlerian theory and a person-centred orientation, in addition I am also skilled in integrating attachment theory into my work.

I have experience working with children, youth and families with the following challenges: ADHD, ASD, OCD, personality disorder, anxiety, depression, phobias and behavior challenges.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

