



Marilyn Woodruff RCC-ACS

Phone Number:

250-616-4227

Business City:

Nanaimo, Ladysmith,
Vancouver Island

Website:

peacefulplace.ca

I look forward to working with you collaboratively to design and meet your goals for professional learning and for personal health and wellness. My style of supervision is best-suited to therapists trained in trauma-informed, relational, somatic orientations. Regulation of the autonomic nervous system and embodied presence are both cornerstones of my therapeutic private practice, and I will assist you in deepening your connection to the wisdom of the body. In 2023, I completed an intensive 1-Year Practicum training with Sharon Stanley, creator of Somatic Transformation, to be an ST Psychotherapy Educator, and I offer attachment-focused body-centered consultation and supervision. I am also a Certified EMDR Therapist and an EMDRIA Approved Consultant-in-Training.

I am most influenced by the Integrative Developmental Model when working with supervisees, tailoring my approach to meet you where you are in your learning career. Clinical supervision should evolve to offer professional growth and competency development throughout a counsellor's lifespan. I will encourage you to explore your growth edges and deepen self-awareness as an integral part of the professional development process. Most importantly, I believe that building a safe, trusting relationship is essential to the success of our work together.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

