



Sandy Kirkwood RCC-ACS

Phone Number:

604-961-4160

Business City:

Vancouver, Gibsons

Website:

integratecounselling.
com

I provide clinical supervision to help therapists thrive in their practice. If you have chosen to be a counsellor, then you are already on what I call the wisdom path. This is important work and we bring our whole selves to it. One reason why I chose to become a therapist and clinical supervisor is that I am a huge believer in the ripple effect. As I work with you, and you work with your clients, together our skills and expertise ripple out to create positive change in the world.

I've been fortunate enough to work with counsellors at each stage of their professional development – from beginning practicum students to seasoned professionals. I bring sound clinical knowledge and expertise, strong ethical and personal integrity, and clear, direct communication to my supervision work. These qualities are tempered with deep empathy and compassion for the very human struggles faced by both clients and therapists.

In addition to my years as a therapist and clinical supervisor, I bring life experience as a teacher, vice-principal, high school counsellor, crisis support volunteer, parent, step-parent, parenting group facilitator and business manager. (cont. next page)

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person





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I offer clinical supervision to individuals and small groups of beginning, intermediate or seasoned counselling professionals. I work from a combination of trauma-informed, attachment and somatic approaches, that combine experiential therapies, EMDR, Motivational Interviewing, Solutions-focused, CBT, and Family Systems, among others.

I deeply appreciate how vulnerable it can be to seek clinical supervision and consultation. Let me assure you that wherever you are on your own learning journey, I absolutely respect your desire to grow personally and professionally. We are all works in progress and there is much joy and learning when we can connect and share ideas together!

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