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As a therapist with 25 years of comprehensive training and clinical experience, I am excited to offer my supervisory services to therapists beginning their practice to the more seasoned. While I draw from my natural leaning of warm compassion, my aim will align with yours, to deepen while also offering insight and structure.

I have engaged extensively in both individual and group supervision and have a commitment to my own personal work in order to deepen my practice. I believe in a collaborative process that increases the capacity to look at our own clinical work with clients. The use of self in the counselling room is central to this process.

I look forward to the opportunity to come alongside other clinicians as they continue to develop and sharpen their practice skills in working with their clients.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Online/Remote
- In-Person

