



Colleen Franklin RCC-ACS

Phone Number:

604-607-5298

Business City:

Nanaimo

Website:

sandstonecounselling.ca

I provide counselling services to adults and couples presenting with concerns such as anxiety, trauma, burnout and return to work, relationship issues and more. I also work with first responders and their family members. My integrative supervision model is tailored to each counsellor's needs. My approach is informed by attachment theory, EMDR and a strong knowledge of trauma. In supervision, the clinical concerns I primarily work with are childhood trauma, life transitions and burnout.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

