

Writers' Submission Guidelines

INSIGHTS, the magazine of the BC Association of Clinical Counsellors (BCACC), is a publication created by and for Registered Clinical Counsellors (RCCs) and allied professionals dedicated to enhancing clients' lives. Our mission is to provide an informative magazine that supports BCACC members and allied mental health professionals in responsive, accountable, and ethical practices. Articles featured in **INSIGHTS** address relevant, timely topics in clinical counselling and psychotherapy to inform and enhance practice.

Under the guidance of the BCACC Editorial Advisory Committee, **INSIGHTS** is published quarterly by Page One Publishing.

Submitting an Article Proposal

To propose an article for **INSIGHTS**, please email our editor, **Carolyn Camilleri**, at ccamilleri@pageonepublishing.ca. Include the following in your email:

- **Your contact information** (email, phone number, and website)
- **A working title** for your article, along with a brief description (1–2 paragraphs) explaining its relevance to BCACC members
- **Ideas for sidebars or supplemental content** to include in the article (if applicable)
- **Estimated word count** (articles typically range from 500 to 2,500 words)
- **Comments on sources** you intend to reference (if applicable)
- **A brief biography** (30–100 words)

The editor will acknowledge all submissions. If your idea is accepted, you will receive additional details, including deadlines, word count confirmation, citation standards, and information about the editorial process.

Please note: Not all submissions can be accommodated in our publication schedule. However, we will retain your proposal for future consideration and encourage you to submit ideas throughout the year.

We value your connection to **INSIGHTS** and welcome your thoughts, ideas, and feedback.

Becoming a Writer on Assignment

If you would like to contribute to **INSIGHTS** but don't have a specific article idea, we still encourage you to get in touch. Email **Carolyn Camilleri** at ccamilleri@pageonepublishing.ca with the following details:

- **Your contact information** (email, phone, and website, if available)
 - **A brief biography** (30–100 words)
 - **Your areas of expertise** and general topics of interest for writing assignments
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Expectations for Writers

Writers for **INSIGHTS** are expected to:

- Understand that **INSIGHTS** does not provide financial compensation for article submissions.
- Collaborate professionally with the editor and accept that submitted material may be edited for clarity, tone, or length.
- Provide well-researched, referenced articles that include additional resources where applicable.
- Ensure the accuracy of all information in their articles and obtain permissions for source material as needed.

Restrictions:

- Writers must not submit articles if they are under a consent agreement or ethical undertaking with any professional body.
 - Writers must not submit articles if they are currently the subject of an investigation or disciplinary hearing by a regulatory body in any jurisdiction.
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Submission Requirements

Please submit articles as **Microsoft Word documents**. If you use a different program, inform the editor in advance to ensure compatibility.

Include the following in your submission:

- Your **byline**
- Your **contact email**
- A brief **biography**
- Any additional credentials or information (if applicable)

Deadlines are essential, but if you anticipate a delay or conflict, notify the editor as early as possible. Some sources may have specific usage or formatting requirements; please highlight these in your submission.

Copyright:

Writers retain the copyright for their articles. Articles may also be submitted to other publications; however, if the article has already been published or is available online, please consult with the editor prior to submission.

Disclaimer:

The opinions expressed in submitted articles are those of the writers. Neither the BCACC nor Page One Publishing will be held responsible for content.

Questions?

For questions about editorial content, submission details, or other inquiries, please contact **Carolyn Camilleri** at ccamilleri@pageonepublishing.ca .