



Sarah- Louise Murray RCC-ACS

Phone Number:

587-343-4270

Business City:

Dawson Creek, Fort St.
John, Prince George

Website:

www.B3psi.com

Welcome to my supervision services.

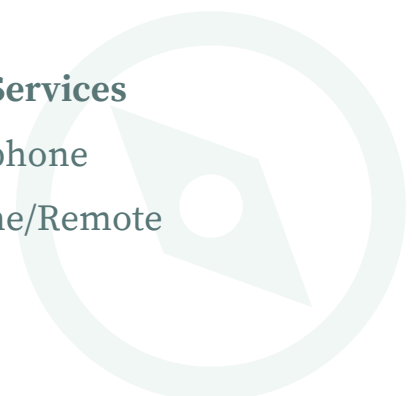
My 1-1 virtual supervision and consultation services are focused on propelling new clinical counsellors forward in developing an increased sense of ability while strengthening their skills and further empowering more experienced clinical counsellors towards embracing opportunities for growth and increasing their quality of service.

I have a range of counselling experiences that includes working in school-based, community-based and clinical-based programs in addition to running my own private practice. After acquiring 20 years of experience in the Lower Mainland and Vancouver areas of British Columbia, I ventured to the Northern corridor and neighbouring province of Alberta followed by a further expansion to include Prince Edward Island. This has allowed me to train and specialize in various therapies for children, youth and adults in both rural and urban settings across Canada.

Today, my primary areas of therapeutic services include virtual 1-1, group and couples work for adults and youth struggling with chronic and persistence mental health challenges using both pure and integrative therapies such as cognitive behaviour therapy, cognitive processing therapy, emotion focused therapy, somatic therapy and therapies for addiction/substance use.

Area of Supervision: **Type of Services**

- | | |
|-------------------------|-----------------|
| • Clinical Supervision | • Telephone |
| • Clinical Consultation | • Online/Remote |
| • Peer Supervision | |
| • Peer Consultation | |





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My structured evidence-based approaches to supervision and consultation services are fueled with curiosity, kindness and reality and focused on enhancing your learning journey by providing you the opportunity to develop a genuine, unique and independent approach to working with clients.

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