

Carrie Bove RCC-ACS

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Clinical supervision isn't just a check-in; it's an opportunity to connect deeply, learn, and grow as a professional. In the challenging work we do, often we can be faced with vulnerability, uncertainty, and the weight of others' experiences. Clinical supervision provides a safe space to explore these emotions, reflect on your practice, and build resilience. My work is to provide an environment where you can be seen, heard, and supported, ensuring that you remain grounded and effective in your role as a counsellor. I have nine years of clinical experience working with children, youth, and adults in both private and public sectors, with a specific focus on working from Indigenous and cultural frameworks with a trauma-informed lens. Just as we encourage our clients to lean into discomfort, supervision allows us to do the same, cultivating empathy, self-compassion, and a strong connection to purpose. I hope to share in this work with you.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote