



# Roya Vojdanijahromi RCC-ACS

## Phone Number:

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## Business City:

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## Website:

[royacounselling.com](http://royacounselling.com)

Hello fellow counsellors! I am a BIPOC therapist with more than ten years of experience in the field of mental health and I currently run my own thriving private practice in Vancouver. I have had the honor of being part of multiple interns' journey towards becoming a counsellor and have run many supervision groups.

As a Certified Complex Trauma Professional , my areas of interest include childhood and complex trauma, depression, anxiety, anger and grief. I am interested in deeper healing modalities such as Internally Family Systems (IFS), EMDR, and somatic therapies including Sensorimotor Psychotherapy (SP) and Accelerated Experiential Dynamic Psychotherapy (AEDP).

I fiercely believe in the importance of the therapeutic relationship in healing and my overarching goal is to help my supervisees become more aware and comfortable with their authentic selves, which is the biggest gift they can give to their clients.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Online/Remote
- In-Person

