



Beena Jaswal RCC-ACS

Phone Number:

778-772-8527

Business City:

Coquitlam

Email:

beena_jaswal@yahoo.ca

Greetings, my name is Beena Jaswal, I am a Registered Clinical Counsellor with the BCACC (registration # 13701) as well as an Approved Clinical Supervisor with the BCACC. I have been doing clinical supervision for six years initially with City U and now with Moving Forward Family Services. I enjoy working with folks who are looking for mentorship and supervision in the areas of mental health, CBT, DBT, Mindfulness practice, Addiction Services, Solution Focused Therapy and Motivational Interviewing techniques. I have a very straightforward style of supervision and try to focus on being positive and supportive with the interns I have worked with, to help build one's confidence and skills as a counsellor.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

