



Cristina Rennie RCC-ACS

Phone Number:

604-751-2354

Business City:

Pritchard, Abbotsford

Website:

shamrockwellnessservices
.com

Cristina's supervision and counselling style brings people therapeutically together in solidarity through core values of empowerment and understanding. Grounded in ethics of; equality, dignity, and respect while working alongside all people. Inclusion.

Works with clients in a relational way that invites reparative and collaborative conversations where we are dialogical co-creators. Acknowledgment of details that impact life including influences of systems such as justice, education and health. Opening safe space with living languages for possibilities outside of traumatic events informed by Attachment, IFS, Somatic and Narrative therapies.

Internationally certified to have horses and nature as a part of the process and accepts students on an ongoing basis for both traditional and Equine Facilitated Psychotherapy. Is accepted by BCACC, CCC and CRPO for supervision. Cristina is also a high performance 4* equine athlete in the discipline of Eventing and offers sports psychology to riders and other athletes.

Cristina also has Indigenous connections that were developed organically through interconnected relationships; people and places informed my understanding of Indigenous Worldviews through contemporary and traditional settings. She is committed to to insert a decolonized framework into all system infrastructures and will continue to work through a deep understanding of intergenerational trauma.

Area of Supervision:

- Clinical Supervision
- Group Supervision

Type of Services

- Telephone
- Online/Remote
- In-Person