



Gregory Jenkins RCC-ACS

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forlastingchange.ca

My approach to supervision centers on cultivating the "person of the therapist." Whether at the beginning of their journey or well into their career, therapists are invited to uncover their unique strengths, refine their professional skills, and deepen their self-awareness and understanding. As clinicians engage in their own growth and self-discovery, they foster parallel processes that enrich their practice and positively impact the healing of those they serve.

I offer clinical supervision to individuals and groups. Individual supervision provides a space to "dig deep," focusing on personal and professional exploration. Group supervision, on the other hand, encourages growth through shared learning, diverse perspectives, and mutual support.

I work primarily from a humanistic perspective, integrating attachment-based and trauma-informed approaches. These frameworks accommodate a variety of therapeutic modalities, and all modalities are welcomed in supervision.

If you're seeking a supervisor, I invite you to schedule a no-cost 20-minute consultation to explore whether we might be a good fit for your needs.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Telephone
- Online/Remote

