



Ann Libby Fox RCC-ACS

Phone Number:

604-315 2796

Business City:

Lower Mainland BC

Dedicated Clinical Counsellor, Registered Social Worker, and Family Therapist with 30 years combined experience. Approved Clinical Supervisor and Supervisor of Supervisors with BCACC. Excellent knowledge of Eating Disorders, Grief and Loss, Mental Health, Neurodiversity, and Special Education. Client-centered professional with extensive experience providing therapeutic support to individuals and groups, addressing a wide range of mental health issues. Gifted listener and communicator with good conflict resolution skills.

I am trained in Family Based Therapy, CBT-E, ARFID, Systemic Family Therapy, Emotion Focused Therapy, CBT and DBT informed, solution focused therapy, brief therapy, and expressive play therapy. My clinical supervisory approach is very relational, encouraging awareness of the use of self as a therapist, exploring one's own emotional responses towards their clients and its impact on the therapeutic relationship. Self-reflection and introspection are encouraged. I aim to foster authenticity and humility to create a safe and supportive environment to learn and grow.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

