



# Leah MacInnes RCC-ACS

## Phone Number:

(250) 686-6207

## Business City:

Victoria

## Website:

[www.islandtherapy.ca](http://www.islandtherapy.ca)

I have over three decades clinical experience in private practice and in mental health agencies working with youth, Indigenous peoples, the military and those experiencing chronic illness, grief and addiction. My clinical practice is informed by Systems, Attachment and Post-modern approaches.

I have provided supervision to new staff and practicum students at the Addictions Foundation of Manitoba, as a program coordinator at the Victoria YM-YWCA Youth Outreach Program and as a clinical faculty member at the UBC Island Medical Program. Throughout my career I have continued to pursue supervision, most recently including sessions supervised by EFT pioneers Dr. Sue Johnson and Gail Palmer.

My passion is working with clinicians wishing to expand their knowledge and skills in systems-based couple and family therapy. I am committed to co-creating a relationship based on mutual respect, authenticity and collaboration, and one which explores how personal experiences impact client/therapist relationships. In addition to video recorded sessions clinicians are afforded the opportunity to hone their assessment, conceptualization and therapeutic intervention skills through supervised live sessions using a two-way mirror and observation room.

For more information please feel free to contact me.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

