

## Maryam Mills RCC-ACS

**Phone Number:** 604-362-3240

## **Business City:**

North Vancouver, West Vancouver, Vancouver

Website:

mastermindcentres.ca

Maryam Mills, MA, RCC-ACS, BCN, is a highly experienced Registered Clinical Counsellor with a profound commitment to ongoing learning and skill development, as evidenced by her Board Certification in Neurofeedback, EMDR, and Hypnotherapy. Her expertise is further highlighted by certifications in Sensorimotor Psychotherapy and extensive training in trauma and attachment theory. Maryam's dedication to providing comprehensive care is reflected in her diverse therapeutic approach, integrating Cognitive Behavioral Therapy, Sensorimotor Psychotherapy, Mindfulness, Hypnosis, Neurofeedback, and EMDR. This rich background makes her an ideal mentor for counsellors looking to expand their knowledge and skills, particularly within the BCACC framework. Her specialized knowledge in EMDR, trauma, and attachment offers a unique opportunity for mentees to learn advanced techniques from a seasoned professional.

## **Area of Supervision:**

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## **Type of Services**

- Telephone
- In-Person