



Brian O'Neill RCC-ACS

Phone Number:

587-603-5343

Business City:

Vancouver, Calgary,

Cochrane

Website:

intotheheart.ca

Brian completed his MA in Marriage and Family Therapy in 2017 and is trained in Systemic Clinical Supervision through the Canadian Association of Marriage and Family Therapy. Brian's practice as an RCC, supervisor of interns, and clinical supervisor began in a more specialized context of working with youth at risk in both in-office and outdoor settings, providing individual and group supervision and consultation. Brian's clinical and supervisory practice now involves a more general population for individual, couples, and family counselling.

Brian works from a systemic, experiential framework informed by Attachment Theory, Family Systems Theory, and Couples Counselling frameworks (EFT, Gottman, and Satir). Brian provides a collaborative space to process the impacts, dynamics, stuckness, and the complex ethical considerations that arise in counselling and supervision. Brian's approach to supervision aims for continual development of reflective practice, conceptualization skills (clinical and supervisory), and ethical practice. Person of the Therapist (POTT) work (exploring emerging themes, (counter-)transference, parallel or isomorphic processes, etc.) is seen as essential for the enhancement of professional confidence, consciousness, and competence.

In his spare time, Brian enjoys outdoor adventures (skiing, cycling, climbing, paddling, etc.) with his wife and young children and also teaches swing dance and sea kayaking.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

