



# Carolynn Turner RCC-ACS

Phone Number:

604-455-8399

Business City:

Langley

Website:

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Being a therapist requires understanding how you're bringing yourself into the work and how the work may be bringing you in. That can feel incredibly personal, especially as you grow, stretch, or navigate moments of uncertainty. Whether you're just starting out, you're a seasoned clinician seeking your Approved Clinical Supervisor designation, or you're an ACS already and needing to maintain this designation, supervision can offer a vital space for reflection, clarity, and care. I understand that the supervision path isn't always linear and that at times in your history it may not have felt very safe. Sometimes being a therapist is marked by deep learning; other times, it's shaped by rupture or repair, especially if you're navigating a complaint, responding to professional feedback, or are already within a consent agreement process with BCACC. Whatever brings you to supervision, your experience is valid. I can support you as you seek to untangle things, to repair a previous experience of supervision that may have hurt, to ensure you're aligning with your association's practice standards, or to find your sense of self in your next steps.

My approach to supervision is grounded in person-centred theory and values congruence, unconditional positive regard, emotional presence, and collaboration. I support new clinicians as they build confidence and identity in the work. I walk alongside experienced therapists who are seeking their ACS designation for the first time, and those experienced Supervisors who need activities to maintain their ACS designation. I also support those leading teams, or owning group practices. For those navigating complaints or consent agreements, I offer support rooted in accountability and care. A complaint can destabilizing and leave you walking on eggshells. Whether you're seeking guidance, deeper reflection, or space to recalibrate during a challenging chapter, supervision is a space for you to show up just as you are, so you can find your way back to your sense of self.

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As a therapist, I primarily draw from my own extensive training in Person-Centred and Emotion Focused Therapies. I also have specialized training in leading groups, AEDP, working with military/veterans, first responders and their families, chronic pain and illness, traumatic grief, and trauma treatment.

I frequently integrate experiential exercises into supervision to support supervisees in coming closer to their internal voice—especially in moments where external demands or self-doubt may be pulling them away from it. I offer one-on-one supervision, both in person and online, as well as group support for students, new clinicians, and those maintaining their ACS designation. If you're looking for a supervision space that honours your wisdom, deepens your capacity, and supports your growth—let's connect for a complimentary conversation to see if we're a good fit.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

